

Privilege Awareness Circle

This exercise aims to help us gain greater awareness of our privilege.

Stand in a circle. I'll name some elements of privilege that you may or may not realize that you or others have. Step into the circle if the statement describes you. Pay attention to the number of times (out of 20 named privileges) you step in.

1. I have a college education.
2. I have NOT ever had to think or worry about sexual pressure or sexual harassment from co-workers, bosses, or community members.
3. I DO NOT typically have to ask people to speak up so I can hear them.
4. I DO NOT have to think, or worry about my sexual orientation, in terms of volunteers and guests' opinions, comments, or reactions.
5. I have the same skin color as those who financially support my house. In my house and neighborhood, it is assumed that I am "staff".
6. I identify as a man.
7. I DO NOT have to worry whether I can contribute to the house's work physically (bringing in donations, taking out trash, doing garden work, reading small print....)
8. It is NOT assumed that childcare, chores, and housework will not automatically fall to me because of my gender.
9. I am NOT thought of as too old, or too young, to "understand" in my community.
10. If I choose to commit to a romantic partner, I WILL NOT have to do research and find a lawyer to ensure the rights automatically granted to heterosexual couples.
11. In day to day activities, I've NEVER been limited by whether places have ramps, handrails, or long distances of walking.
12. I have never had to advocate for myself, or explain the effect that oppression has on me, to members of a dominant group.
13. Because of my good health, I can eat pretty much anything that is donated or dumpstered.
14. It is expected that people of my gender do most of the talking in meetings, take leadership in campaigns, control finances, and are responsible for manual labor.
15. Common terms that my community members sometimes use in a derogatory ways like "fat", "old", "slow" have NOT been used to describe me.
16. Throughout my life, I've been able to drive and shop wherever I want without fear of harassment or police.
17. My gender identity DOES NOT make choosing a male or female bathroom stall tricky.
18. I have a similar socio-economic status compared to my other community members.
19. The Catholic Church has never labelled me disordered, and I can participate in it's leadership if I choose.
20. I have NEVER been arrested for anything but an intentional act of resistance.