

CORONA VIRUS (COVID-19) : MYTHS AND FACTS

1. If I get any symptoms at all, I should immediately go to a clinic or ER to get tested... FALSE. The only people that will be even be tested are:

- ◆ People who are sick AND who have recently been in: Iran, China, Japan, Italy, South Korea
- ◆ People who are sick AND have been around a person who has been to one of those countries
- ◆ People who are sick enough to be hospitalized (usually older than 65 or with lung disease or HIV)
- ◆ As of 3/13/20, NO ONE ELSE will be tested, even if they are sick.

Call your Health Care Provider, or the Missouri Corona Virus Hotline at (877) 435-8411 if you are worried.

2. If I wear a mask I will be safe from Corona Virus...FALSE

- ◆ The virus is usually spread by people touching the tiny droplets of spit from a coughing or sneezing infected person, and then touching their own eyes, mouth, or nose. People are wearing masks because they think it will protect them, but a mask WILL NOT HELP THIS.

3. COVID can only be caught by people of certain races or nationalities...FALSE

- ◆ Corona virus does not recognize race or nationality. Any human can catch Corona if exposed.

4. To avoid being exposed, I should avoid crowds when possible... TRUE

- ◆ Staying away from crowds helps prevent exposure to the virus

5. Spraying myself with bleach, bleach cleaner, chlorine, garlic sprays, or taking a hot bath will protect me from COVID...FALSE

- ◆ None of these actions will prevent or treat the virus

6. There is a vaccine or medication I can take to help protect me from the COVID virus...FALSE

- ◆ Because this virus is new, there is not (yet) a vaccine or medication

7. I can get COVID from a dog or cat...FALSE

- ◆ There was a false report of a dog having COVID--it turned out to be wrong. NO pets have been diagnosed with COVID

8. The best way to prevent the virus is to wash my hands a lot...TRUE! TRUE!

- ◆ Soap and warm water for twenty seconds can remove the virus from your hands.

Compiled by Karen House, Primary Source: cdc.gov

**WASH YOUR HANDS FREQUENTLY TO PREVENT
THE SPREAD OF CORONA VIRUS!**