

CORONA VIRUS (COVID-19) : MYTHS AND FACTS

1. If I get any symptoms at all, I should immediately go to the ER...FALSE.

◆ If you have been with, or exposed to, someone who has tested positive for Corona Virus, you are 'presumed positive' (you most likely have the virus). Even if you don't have symptoms, you should quarantine yourself (see no one, go NOWHERE) for 14 days from your most recent exposure.

◆ If you have ANY of the following symptoms: cough OR fever OR shortness of breath OR fatigue--call to see if you should get tested, especially if you are over 65 years old or have any other health conditions.

◆ Call 314-833-2777 for screening and to schedule testing

◆ Missouri Corona Virus Hotline at (877) 435-8411

2. I should wear a mask if I go out... TRUE

◆ It is now recommended that you cover your face if you are going in public. The Most important thing is to STAY HOME, and when you have to go out, STAY SIX FEET from everyone. But if you have to go out, wear a cloth over your NOSE and MOUTH

◆ If you are having trouble breathing, you should call 911 or go to the ER.

3. COVID can only be caught by people of certain races or nationalities...FALSE

◆ Corona virus does not recognize race or nationality. Any human can catch Corona if exposed.

4. To avoid being exposed, I should avoid crowds when possible... TRUE

◆ Staying away from crowds helps prevent exposure to the virus

5. Spraying myself with bleach, bleach cleaner, chlorine, garlic sprays, or taking a hot bath will protect me from COVID...FALSE

◆ None of these actions will prevent or treat the virus

6. There is a vaccine or medication I can take to help protect me from the COVID virus...FALSE

◆ Because this virus is new, there is not (yet) a vaccine or medication

7. The best way to prevent the virus is to wash my hands a lot...TRUE! TRUE!

◆ Soap and warm water for twenty seconds can remove the virus from your hands.

Compiled by Karen House, Primary Source: cdc.gov

**WASH YOUR HANDS FREQUENTLY TO PREVENT
THE SPREAD OF CORONA VIRUS!**